

# Download



**NHS**  
Milton Keynes

## Promoting Chlamydia Awareness

Read on if you want to find out how  
**You can win an iPod or Wii fit**

Show off your film making talent

The Milton Keynes Chlamydia Screening Service needs your help!

We would like you to make your own YouTube film, lasting no longer than 5 minutes on encouraging people just like you to have a test for Chlamydia. Visit [www.gettestedmk.nhs.uk](http://www.gettestedmk.nhs.uk) to get the important information that you may need to include in your film clip. Go on - you could win a brand new iPod!

Check out NHS choices film

<http://www.youtube.com/watch?v=1Lw53jFuOfI>

Do you think you can do better?

If you need inspiration, then Google 'having a Chlamydia test'. Remember, the film should be no longer than 5 minutes long!

All film clips will be judged by Ayden Callaghan, formerly of Emmerdale and Casualty, and Jake Hendriks of Hollyoaks.

The winning film will be used on the **gettestedmk** website and in future media campaigns.

When you're making the film, think about what you'd like to see.

You can be as imaginative as you like - just remember that NHS Milton Keynes will want to promote the winning entry!

**HAVING A CHLAMYDIA TEST IS FREE, EASY, QUICK, PAINLESS AND CONFIDENTIAL**

Put your entry on YouTube and send the link to [communications@mkpct.nhs.uk](mailto:communications@mkpct.nhs.uk) or add it to NHS Milton Keynes on Facebook. Include your name, date of birth, and contact details.

**Closing date is Tuesday March 30<sup>th</sup> 2010**



**Do you know...**



**What you've downloaded?**

**GO TO  
WWW.GETTESTEDMK.NHS.UK  
FOR YOUR FREE POSTAL KIT**

If you've ever been sexually active then it's best to check it out and take the test.

### Where can I get tested?

There are many places that offer free and confidential Chlamydia screening, as well as support and advice, including:

- Brook MK
- Your family doctor
- Some pharmacies

For the full list visit [www.gettestedmk.nhs.uk](http://www.gettestedmk.nhs.uk)



Did you know if you see this sign at a pharmacy you can get free emergency contraception if you are under 18 years?

**Chlamydia is a big deal!**

70% of girls have no symptoms

50% of lads have no symptoms



One in 10 under 25's who are sexually active has it!



- If untreated Chlamydia can cause infertility
- Do a test if you have a new sexual partner
- Make sure you take a test every 6 months to be safe

Have you heard about LARC (long acting reversible contraception)? Unlike the pill once you've got it you can forget it! For more info contact: Brook on 01908 669215 or see your GP

**COMPETITION ENTRIES to be in BY 30<sup>th</sup> MARCH 2010**

Visit [www.gettestedmk.nhs.uk](http://www.gettestedmk.nhs.uk) or call 01908 200 933 for advice about Chlamydia testing and where you can get a test

***Make sure you know what you've downloaded!***

### Win a Wii Fit

If you live in Milton Keynes and are aged 15 to 24, take a Chlamydia test between 14<sup>th</sup> February and 30<sup>th</sup> March and you will be entered into a free draw to win a Wii Fit.